

# SAUNAS

HELIOS / SOLARIS / SUNDANCE / ECLIPSE / IGNEUS / SERENIS / CALIDUS



Wellis®



## Wellis Infrared saunas

An infra cabin is efficient, yet gentler than traditional saunas, as the temperature inside is only 35-45 °C, thus it is suitable for people who don't prefer high temperatures.

The heart of an infra cabin is an infrared heater that emits an invisible ray of certain defined wavelengths.

Long-wave infrared radiation penetrates into muscle fibers at a depth of 3.5 to 4 cm, resulting in 3-4 times stronger sweating than normal. Inside an infra sauna, sweating happens not only through the sweat glands, but also through the sebaceous glands, which is important because many toxic substances are not soluble in water but only in body fat. In a normal sauna, 97% of the sweat consists of water, while in the case of an infra sauna, 80% of sweat is water and 20% of it is fat, and it contains cholesterol and other fat-soluble substances as well.

So during the use of an infra sauna, you not only lose weight but also get rid of harmful chemicals and toxins accumulated in your body.



## Beneficial effects of the Finnish sauna

The high temperature in saunas and the resulting steam cause increased sweating by widening the pores of the skin. Various toxins and other deposits leave the body through the pores by sweating. Sauna users often feel refreshed and experience health improvements, which is not a coincidence. Your body carries out detoxification by sweating, while your muscles become relaxed, and your overall well-being improves greatly.

The hot vapour boosts blood circulation in every part of the body, including muscles and joints. As a result, oxygen supply improves, which is essential for cell regeneration and formation of new cells.

Many consider saunas to be a more effective weight-loss method than sports. It is a fact indeed that saunas have a positive effect on metabolism - it accelerates it and enhances its effectiveness, which might result in weight loss. Spending 15-20 minutes in a sauna is equal to a one-hour brisk walk or to a lighter training session!

Regular sauna use can help you relieve tension. People with sleep difficulties (e.g. insomnia) are particularly fond of using saunas because it promotes deep and relaxing sleep.





Bluetooth Receiver with USB port and SD card slot! Connect your phone and tablet via a bluetooth unit to your sauna and listen to your favorite music even while you relax.



## HELIOS HEMLOCK

INDOOR REDLIGHT™ INFRA SAUNA

**82,8 × 100,7 × 194 cm**

1-person indoor infra sauna, made of Canadian hemlock pine, with a 6 mm thick smoke-coloured safety glass door and side glasses, LED lighting for colour light therapy, **Bluetooth receiver (music playback)**, 2 loudspeakers, ventilation opening and 4 energy- saving RedLight radiators (1 rear panel - 350W, 2 front panels - 400W/panel, 1 calf panel - 500W), energy demand: 2.65 kW



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## SOLARIS HEMLOCK

INDOOR REDLIGHT™ INFRA SAUNA

**131,4 × 99,3 × 194 cm**

2-person indoor infra sauna, made of Canadian hemlock pine, with a 6 mm thick smoke-coloured safety glass door and side glasses, LED lighting for colour light therapy, **Bluetooth receiver (music playback)**, 2 loudspeakers, ventilation opening and 5 energy- saving RedLight radiators (2 rear panels - 350W, 2 front panels - 400W/panel, 1 calf panel - 500W), energy demand: 2 kW



Bluetooth Receiver with USB port and SD card slot! Connect your phone and tablet via a bluetooth unit to your sauna and listen to your favorite music even while you relax.



## SUNDANCE HEMLOCK

INDOOR REDLIGHT™ INFRA SAUNA

**131,4 × 99,3 × 194 cm**

3-person indoor infra sauna, made of Canadian hemlock pine, with a 6 mm thick smoke-coloured safety glass door and side glasses, LED lighting for colour light therapy, **Bluetooth receiver (music playback)**, 2 loudspeakers, ventilation opening and 6 energy-saving RedLight radiators (3 rear panels - 350W, 2 front panels - 400W/panel, 1 calf panel - 500W), energy demand: 2.35 kW



Bluetooth Receiver with USB port and SD card slot! Connect your phone and tablet via a bluetooth unit to your sauna and listen to your favorite music even while you relax.



## ECLIPSE HEMLOCK

INDOOR REDLIGHT™ INFRA SAUNA COMBINED WITH FINNISH SAUNA

**204,3 × 200,8 × 205,5 cm**

Indoor infra sauna for 5-6 persons, made of Canadian hemlock pine, with a 6 mm thick smoke-coloured safety glass door and side glasses, LED lighting for colour light therapy, **Bluetooth receiver (music playback)**, 2 loudspeakers, ventilation opening and 8 energy-saving RedLight radiators: 2.8 kW/230 V (3 × 350W, 3 × 350W, 2 × 350W) Finnish sauna stove: 8 kW/380 V, with heat and humidity meter, wooden tub with spoon, hourglass and lava stone.





SAWO finnish sauna stove



NEW  
MODEL



## IGNEUS HEMLOCK

INDOOR FINNISH SAUNA

150 × 105 × 190 cm

2-person indoor finnish sauna, made of Canadian hemlock pine, with a 8 mm thick smoke-coloured safety glass door and side glasses, wood-covered heat-resistant light source, ventilation opening and Finnish sauna stove: 4.5 kW/220 V, with heat and humidity meter, wooden tub with spoon, hourglass and lava stone



SAWO finnish sauna stove



NEW  
MODEL



## SERENIS HEMLOCK

INDOOR FINNISH SAUNA

180 × 150 × 210 cm

4-person indoor finnish sauna, made of Canadian hemlock pine, with a 8 mm thick smoke-coloured safety glass door and side glasses, wood-covered heat-resistant light source, ventilation opening and Finnish sauna stove: 8 kW/380 V, with heat and humidity meter, wooden tub with spoon, hourglass and lava stone





SAWO finnish sauna stove



## CALIDUS HEMLOCK

INDOOR FINNISH SAUNA

200 × 170 × 210 cm

Indoor finnish sauna for 5-6 persons, made of Canadian hemlock pine, with a 8 mm thick smoke-coloured safety glass door and side glasses, wood-covered heat-resistant light source, ventilation opening and Finnish sauna stove: 9 kW/380 V, with heat and humidity meter, wooden tub with spoon, hourglass and lava stone



